

## Main Identity

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### Welcome to the Sustainable Credton September Newsletter.

This month we have more Sustainable Credton events happening in one month than EVER BEFORE!! It is exciting but also means that if you are reading this and live in or near Credton WE NEED YOU. Come along and recycle your food plastics at the Waste Action Group trial days, shop at the Food Group Community Market, bring your children and grandchildren to the WEN Teddy Bears Picnic, eat for FREE whilst watching a movie or maybe walk, cycle, skateboard and run with Credton Legs It organised by the Transport Group. This last event is part of a massive global day of action to show politicians that ordinary people care about the environment. Further details of all these, plus other events, follow in the newsletter below.

So now you have two alternatives. You can sit back and say how wonderful it is that all this is happening but carry on with your life as before, or *you can get involved*. What will it be??? We hope you choose the latter because that is how Sustainable Credton grows. The world truly changes when lots of people do a little.

Have a good month.

Paula Mossman, Editor

### Contents

1. **Events Diary** September 2011 onwards
2. **News from the Action Groups**
  - 2.1 **Waste Action Group** - Learn more about our plastic recycling trial, volunteer for the Big Litter Pick
  - 2.1 **Transport Group** - Credton Legs It this month, join in the fun on foot, board or bike!
  - 2.4 **Women's Environmental Network** - come on down to Newcombes Park to the Teddy Bears Picnic
  - 2.5 **Energy Group** - the PV scheme goes from strength to strength and special offers for Sus Cred supporters
  - 2.6 **Education Group** - can YOU help deliver Positive News in your area?
  - 2.7 **Economics Group** - a podcast to make you think
3. **Spinning Circle** - a monthly meeting for all skill levels
4. **Free Food and Films:** at the Half Moon Inn Cheriton Fitzpaine - yes really its FREE!!
5. **Recycling With Attitude** - vintage and recycled clothes exhibition at Killerton
6. **A Passiv Haus in Credton:** it *is* becoming a reality
7. **Campaign of the Month** - Save the Amazon Rainforest
8. **Quote of the Month**

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### 1. Events Diary September 2011 onwards

**Thurs 1st Sept 10am Education Group Meeting** contact Chloe on 01363 776968

**Sat 3 Sept 10 to 1pm Plastic Packaging Collection Point at Morrisons Car Park** - details below - contact Anne Tucker [catucker@btinternet.com](mailto:catucker@btinternet.com)

**Sat 3 Sept 10 to 1pm WEN Cake Stall** Credton High St contact Kate Povey [kate@littlemlett.co.uk](mailto:kate@littlemlett.co.uk)

**Sun 4 Sept 7pm Free Films and Food** Half Moon Inn Cheriton Fitzpaine - details below contact John Yates 01363 866414

**Tues 6 Sept 7:30 pm Energy/PV Group Meeting** at Lamb Inn, Sandford details Linda 01363777624 or [lindaandcolinl@phonecoop.coop](mailto:lindaandcolinl@phonecoop.coop)

**Fri 9 Sept 2-4pm Spinning Circle**, Arts Centre Crediton - details below contact Sue Reece [suerece@metronet.co.uk](mailto:suerece@metronet.co.uk)

**Sat 10 Sept 12 to 3pm WEN Teddy Bears Picnic** Newcombes Meadow - details below

**Sat 10 Sept 10 to 1pm Community Market** Crediton Town Square - details below

**Sun 11 Sept 7pm Free Films and Food**, Half Moon Inn Cheriton Fitzpaine - details below contact John Yates 01363 866414

**Mon 12 Sept 10am Waste Action Group Meeting** Jills Crediton contact Paula Mossman 01363 866106

**Sat 17 Sept 10 to 1pm Plastic Packaging Collection Point at Morrisons Car Park**- details below contact Anne Tucker [catucker@btinternet.com](mailto:catucker@btinternet.com)

**Wed 21 Sept 7.30pm Solar Project Public Meeting** at Methodist Hall, Cheriton Fitzpaine - details Charles Mossman 01363 866106

**Sat 24 Sept 10am Crediton Legs It - Walk, Cycle, Run through Crediton** - details below contact Laura Conyngham [laurac@eclipse.co.uk](mailto:laurac@eclipse.co.uk)

**Mon 26 Sept 7.30pm Food Group Meeting** - Stockleigh English details from EI 01363 866543

**Sat 1 Oct 1pm to 3pm Big Litter Pick** - meet Crediton Town Square - details below - contact Nancy Dowling [dowlingnancy@yahoo.co.uk](mailto:dowlingnancy@yahoo.co.uk)

**Mon 3 Oct 7.30pm Core Group Meeting**

**Fri 14 Oct 2- 4pm Spinning Circle** - Arts Centre Crediton - details as 9 Sept and below

**Sat 15 Oct 6pm Harvest Seasonal Supper** Boniface Centre Crediton - details from Carol 01363 82794

**Sat 22 Oct 10 to 1pm Community Market** Town Square Crediton - details below

**Sat 19 Nov Seed Sharing Day** - contact Linda Lever 01363 777 624

[lindaandcolinl@phonecoop.coop](mailto:lindaandcolinl@phonecoop.coop) details to follow

**Sat 10 Mar 2012 Clothes Swap** Boniface Centre Crediton - details to follow

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## 2. News from The Action Groups

### 2.1 Waste Action Group

#### Plastics Recycling Project

On Sat Sept 3rd and Sat Sept 17th we are trialling a brand new collection of household food plastics at Morrisons Car Park Crediton from 10am to 1pm.

Anyone can bring along plastics from the list that follows to put into the dumpy bags that will be available in the recycling area which is on the left as you enter Morrisons Car Park. Look out for the Sustainable Crediton banner!

***We can accept: clear and coloured drinks bottles, household cleaning fluid bottles, shampoo & shower gel bottles, margarine and ice cream tubs, cream, yoghurt & cottage cheese pots, salad pots, fruit and veg trays, frozen food bags, sandwich boxes, plastic packaging, preformed biscuit and chocolate box trays, cds and cases, plastic flower pots***

***We cannot accept: polystyrene, bubble wrap, cling film, biodegradable plastic, paint tubs, plastic toys, pet food or soft drink pouches, crisp packets, and any plastic mixed with other materials.***

All plastics should be ***clean and lids should be loosened.***

Depending upon the response to this trial the WAGS group may expand this scheme across Crediton in coming months.

So start saving up your plastic to bring along and please tell all your neighbours and friends to do the same. We will report on how the trial went in the October newsletter.

**Big Litter Pick Sat 1st October 1pm to 3pm****Volunteers Wanted**

On Saturday 1st October at 1pm we will be gathering outside Ashtons Coffee Shop on the corner of Town Square Crediton to form into 'teams' to collect litter in some prominent areas of Crediton. We will be focusing on collecting plastics but will not ignore other types of litter!

All equipment and high viz vests will be provided but bring along a pair of sturdy gloves to protect your hands.

At 3pm we will return to Town Square and make a giant pile of the litter we have collected for a photo and then there will be drinks and cake available for everyone who has given their time to help out.

**If you can spare an hour or two to help out we would be delighted to have you.** The more people help the more successful we will be.

For more details and to volunteer contact Nancy Dowling 01363 775656

**Not available on Oct 1st but hate litter as much as we do?** Why not organise a litter pick in your street, village or housing estate in advance of 1st October and contact Nancy so we can add your collection to our pile!

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**2.2 Transport Group****CREDITON LEGS IT! - A DAY TO *MOVE* BEYOND FOSSIL FUELS**

Saturday 24 September 2011, Meet Crediton Town Square at 10am

- Come on a bicycle, on skates, on a board, or on foot.
- Come with your neighbours, your family and your friends
- Come and be part of a global rally to demand action from world leaders.

***IT IS TIME TO GET **MOVING**.....ON THE CLIMATE CRISIS***

Choose *your leg action*

- **Yoga Walk**, half a mile with breathing, stretching and mindfulness
- **Basic 3 mile route**; walk, run or use wheels for 3 miles: Past Library and Parish Church to Hayward's School. Along High Street to Landscore School. Up path by Hospital. Downhill to Town Square.
- **Optional extras**: -
- **Basic route plus 4** to Sandford and back = 7 miles.
- **Basic route plus 7** to Punchbowl and back via Sandford =10 miles.

Finish with home made **cakes** and cold drinks in Town Square from 11am plus opportunities to make petitions and promises for road safety & improved air quality.

**WE NEED YOU - PLEASE COME.**

**Free bike safety checks and 10% off service charges at the Bike Shed 10th – 24<sup>th</sup> Sept.**

Transport group contact Laura Conyngham 01363 773000 This is part of a worldwide event. Check it out at [www.moving-planet.org](http://www.moving-planet.org)

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## **2.3 Food Group**

### **Community Market Saturday 10 September** Crediton Town Square 10am to 1pm

Plenty of people have said they want stalls this time, so there should be a good selection of things to buy and places to browse - food, crafts, non food produce and local organisations. You can just turn up with some surplus fruit or veg from your garden to sell or swap, but remember to bring an umbrella for sun or rain and perhaps a small table. Even if you only have some apples, plums, tomatoes and a few courgettes, bring them along. If you come to sell, we ask for a small donation to Sustainable Crediton to help cover the hire of the Square and publicity.

**NB** If you are bringing meat or dairy products you must adhere to food safety regulations

**Possible apple juicing** - as there are so many early apples this year, we are thinking of getting hold of a press so that people can bring and juice apples. Please contact Linda on 01363 777624 if you are interested in this or can lend a press.

More information: [info@creditonlocalproduce.co.uk](mailto:info@creditonlocalproduce.co.uk) or call EI on 01363 866543

### **Free Apples**

Cooking and eating apples free for collection during September and October from a small orchard in Bow near Crediton. Please email Rose and Perry on [hildonspr@googlemail.com](mailto:hildonspr@googlemail.com) who will email you back once the fruit is ready to pick and take away.

### **Bring and Share Seasonal Supper in August**

Thirty people enjoyed the August supper on a fine evening. As well as sampling some splendid food we helped to feed the goats, watched the ducks, pigs and geese, inspected the prolific vegetable garden and noted the newly installed photovoltaic panels on the goat shed. People had made an effort to provide local seasonal food including fruit from the hedges. Pizzas were cooked very successfully in an earth oven and in addition to the barbecues there was a fire pit to keep us warm as the evening drew in. Many thanks to Ann, Mick and the boys for their hospitality.

### **Seed Saving**

Save seeds now ready for our seed sharing event in November. Leave the seeds on the plant as long as possible to ripen and make sure they're really dry before putting them in packets. [I've been saving seeds for years and it's really quite easy - I never have to buy climbing beans, french beans, tomatoes, broad beans, parsnips or chilli peppers. Linda]

**Local Produce Website** [www.creditonlocalproduce.co.uk](http://www.creditonlocalproduce.co.uk)

Don't forget to keep looking at this and sign up for monthly e-news and special offers.

Linda Lever 01363 777 624 [lindaandcolini@phoncoop.coop](mailto:lindaandcolini@phoncoop.coop)

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## **2.4 Womens Environmental Network**

We had a lovely **Lammas evening** last month – the Basket of Abundance held such treasures as a little teapot and packet of tea, punnet of homegrown plums, bottle of cider, and some local eggs. We also had a feast with homegrown tomatoes, local cheese, apples, plum juice and Sammy made dips with avocado and tomato. Thanks everyone!

We are going to have a **cake stall in the High Street on Saturday 3<sup>rd</sup> Sept** (to coincide with the farmers market, and possibly next door to the Green Party stall which I'll also be manning!) to raise funds for WEN – please bake a cake or two or volunteer to man the stall for an hour between 10-1pm.

Our **Teddy Bears Picnic is on the following Saturday, 10 Sept from 12 to 3pm**. Please can EVERYONE come along to our fun family event! Bring a plate of picnic food to share – please try and make it homemade, or organic or fair-trade or locally bought. We will have drinks for sale and other refreshments will be for sale at the Community Market being held in the square from 10 to 1pm.

Kate Povey [kate@littleemlett.co.uk](mailto:kate@littleemlett.co.uk)

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## **2.5 Energy Group**

### **Solar Energy Project - Update as at 25th August.**

Take up for our project continues to be excellent. 128 people have joined the scheme for a survey. 111 homes have been surveyed with 17 people still awaiting surveys. 48 orders have been placed. This means we are just three orders away from the 15% rebate part of our discount table. 13 installations have been completed. A further 6 installations are scheduled for September and then in October installations really take off with over 20 scheduled to take place.

Linda Lever and Charles Mossman met with two directors of Solarsense, including the managing director to discuss the progress of the project and some issues. Solarsense are very pleased and surprised at the take up of this project. They wanted to define what is the geographical area of Sustainable Crediton as it is not clear in our Agreement. We agreed that from the 15th August the scheme will only apply to Sustainable Crediton supporters living in the EX17 post code area or within 4 miles of Crediton if not in EX17 post code. This is still a very wide area and covers over 8000 households. We have also helped Solarsense by clarifying when customers will receive their rebate. Customers will receive their rebate on the anniversary of their own installation. This will assist Solarsense's cashflow.

We had planned two more public meetings after the school holidays in September, one in Cheriton Fitzpaine on 21st September 7:30pm in the Methodist Hall and the other in Cheriton Bishop on the 27th September. However Cheriton Bishop now falls outside of the geographical area of the scheme and we have cancelled that meeting, Cheriton Bishop members who had joined the scheme before the 15th August are still included !

We have updated the website with these changes including some new prices applying to members of the scheme joining after 15th August.

<http://www.sustainablecrediton.org.uk/Solar%20Project.htm>

**Here's what Andy Chapman had to say about his recent installation:** *'SolarSense came over yesterday to do our installation. Extremely friendly guys who were happy to answer all my annoying little questions and let me wander about taking photos while they were working. They left the place cleaner than when they started. The barely visible wiring (we had to run the AC cable under our eaves) is incredibly tidy (excellent job Josh).'*

### **Renewable Heat Incentive RHI**

In March 2011, the UK Government announced the details of their Renewable Heat Incentive (RHI). The RHI is designed to provide financial support that encourages individuals, communities and businesses to switch from using fossil fuel for heating, to renewables such as wood fuel, solar hot water or heat pumps for example. The Renewable Heat Premium Payment scheme has now been announced and you can now make an application. There is around £12m available to householders in Scotland, England and Wales who install from 1 August 2011. Grants of £300 for solar hot water, £950 for biomass boilers, £850 for air source heat pumps and £1250 for ground source heat pumps are available until the £12m runs out.

People in receipt of the Renewable Heat Premium Payments will be able to apply for the full RHI tariff support once the scheme is introduced in Autumn 2012, as will anybody who has installed an eligible technology since 15th July 2009. However, the Government has not yet published its proposals for how the Renewable Heat Incentive will work in the domestic sector, so there is no guarantee at this stage that those who are eligible for an Renewable Heat Premium Payment grant will also be eligible for the Renewable Heat Incentive. Whilst air source heat pumps will be eligible for the Renewable Premium Payment, a decision on whether or not they'll be included in the tariff payments will be based upon consumer feedback on the performance of the technologies. This should be clarified towards the end of 2011.

These payments will start alongside the Green Deal from Autumn 2012 to allow a more whole-house approach to heat production and energy saving.

[Full details are available on DECC's web site.](#)

### **Offers for Sustainable Crediton Supporters**

#### **2.5.1. Switch to Ecotricity**

Ecotricity is the largest independent and ethically focussed green energy company with over 51,000 domestic customers. Its profits are ploughed back into building new sources of green electricity such as wind power and

solar parks. Ecotricity is partnering with organisations that have a like minded membership profile such as Christian Aid, Co-operative Bank, the Soil Association, Triodos Bank and Sustainable Crediton . We recommend Ecotricity because unlike any other national electricity supplier, Ecotricity only generates renewable energy so that every penny you spend with them is invested in new wind or solar energy, £50 Million in the last 7 years. Ecotricity promise that their New Energy Tariff will always match the standard price of the regional supplier, so for many people switching will be price neutral. For everyone who signs up for green electricity quoting CCA1 on the phone 08000 302302 Ecotricity will give an increased £25 contribution to our Community Renewable Fund. Local Businesses can also switch by obtaining an individual quotation based on past electricity consumption from Ecotricity's freephone number. Quoting CCA2 will generate a £50 Ecotricity donation towards the Community Renewable Fund. **Sustainable Crediton members who switch to Ecotricity in September will receive a free energy monitor.**

### **2.5.2 Subsidised Loft Insulation from Jewsons in Crediton**

Jewson in Crediton have an E.ON subsidised DIY loft insulation offer running at their store. Take advantage of the 'Buy One Get Three Free' loft insulation available until the end of October or until stocks run out. They have 2 thicknesses available 100 and 170mm and it only costs £25.00 + VAT for the 100mm and £25.50 + VAT for the 170mm per roll and you then get 3 rolls FOC. If you would like some more information please don't hesitate to give Darren Fox a ring on 772161 or visit the website [www.whatsinyourloft.co.uk](http://www.whatsinyourloft.co.uk)

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### **2.6 Education Group**

If you can deliver copies of Positive News, the Free quarterly newspaper that reports all the positive progress and changes that are happening in the world, to your local school, church or village shop please contact Chloe on 01363 776968.

Sustainable Crediton will provide the papers once every 3 months, you just deliver them.

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### **2.7 Economics Group**

We highly recommend you listen to this podcast (48 minutes). Its a discussion between Chris Martenson (The Crash Course) who we have been studying recently and Nate Hagens and joins the dots between peak oil, debt, the financial meltdown where the economy is headed, and how governments and individuals should be responding.

[http://www.chrismartenson.com/blog/nate-hagens-were-not-facing-shortage-energy-longage-expectations/61024?utm\\_source=newsletter\\_2011-08-06&utm\\_medium=email\\_newsletter&utm\\_content=node\\_title\\_61024&utm\\_campaign=weekly\\_newsletter\\_30](http://www.chrismartenson.com/blog/nate-hagens-were-not-facing-shortage-energy-longage-expectations/61024?utm_source=newsletter_2011-08-06&utm_medium=email_newsletter&utm_content=node_title_61024&utm_campaign=weekly_newsletter_30)

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### **3.0 Spinning Circle, Friday 9th September 2- 4,**

Arts Centre, East Street, Crediton. £2.50 includes cup of tea.

All skill levels welcome.

This is a regular event:- Every second Friday of the month – next one 14 October.

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### **4.0 Free Food and Films**

**AT THE HALF MOON PUB CHERITON FITZPAINE**

**7pm. Sunday 4th September:**

***Taking back the power of Community***

Four short videos telling heart warming stories of successful community renewable energy schemes around England

**7pm. Sunday 11th September*****Press for Truth***

Women leading the way in a David & Goliath conflict. Powerful film of 911 families relentless search for truth, ten years + several wars on.

***Free screenings + tasty wholesome tapas and bar nibbles*** [fresh and home made]

Organised by John Yates as a contribution to the debate and an excuse to pop down the local for a jar. For more info contact John on 01363 866414 / [www.unreportedworld.blogspot.com](http://www.unreportedworld.blogspot.com)

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**5.0 Recycling with Attitude Exhibition**

My group 'Recycling with Attitude' will put on its 5th annual recycled textiles exhibition at Killerton House, Broadclyst, Exeter this summer. Five recycled textile designer-makers will present work including recycled garments, body ornaments galore, goodies for the house, masks, books and more.

Two of us are local to the Crediton area - Teresa Rodrigues from Sandford and me, Maggie Hills, from Morchard Bishop.

Recycling with Attitude  
Killerton House(NT) Exeter  
26th Aug - 18th Sept 11.00 - 4.30 daily  
Usual NT entrance fees apply

It's a colourful, quirky, vintage and totally irresistible textile wonderland

Maggie Hills

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**6.0 A Passiv Haus In Crediton**

Rob and Karen Rickey have now got planning permission to convert their 1950's brick built house in Crediton which leaks heat like a sieve into a passiv haus needing 80% less energy than they currently use. If you would like to find out more Rob's blog (details below) is regularly updated with their progress.

Visit <http://harperolocito.blogspot.com/>

**7.0 Campaign of the Month - Save the Amazon**

This month's campaign is being run by AVAAZ. The Amazon is in serious danger: Brazil is on the verge of gutting its forest protection laws. Unless we act now, vast tracts of our planet's lungs could be opened up to clear-cutting devastation. Deputies in Brazil's lower parliamentary house have passed a batch of reforms easing the decades old Forest Code. The reforms must go before the Brazilian Senate to become law and President Dilma Rousseff can veto the changes. Please join your name to the petition at the link below and pass it onto your friends.

[http://www.avaaz.org/en/save\\_the\\_amazon\\_a/?v](http://www.avaaz.org/en/save_the_amazon_a/?v)

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**8.0 Quote Of The Month**

*"When I looked at this working-together in the visioning it looked like an energy field, the kind of energy field you sense when you stand by a hive humming with bees. A hum of warmth and intelligence that allows people to naturally collaborate and make that low-energy downshift happen. You don't need data or climate science to persuade your tricky mind. You just need to tune in and act."*

*Charlotte Du Cann*