



# CCA'S SECOND BIRTHDAY PARTY - FUN FUN FUN

**Saturday 31st January 2009, 8pm till midnight at Sandford Village Hall  
Bring and Share Supper, Bar with local beer, cider and soft drinks,  
live local music and dancing, talent show, raffle, freecycle, birthday cake!!**

**We aim to make this a truly fun evening.  
Bring your friends and neighbours and  
join us for an exceptional night out to  
celebrate our birthday.**

#### **How it works:**

Bring your own plates, cutlery and a plate of food to share labelled with its contents. If you are unsure what to bring a pud would be ideal!

Like to 'have a go' in the talent show? - then please contact Gerald Conyngham [geraldconyngham@yahoo.co.uk](mailto:geraldconyngham@yahoo.co.uk).

Have books, clothes, DVD's, household items etc you no longer want that you would be willing to freecycle to other party goers? Bring them along or bring a picture/description if they are large.

We are having a Raffle. If you have unwanted Xmas gifts that could become prizes or could bring an item of local food for a raffle hamper it would be very welcome.

To cover hall hire costs there will be a suggested donation of £2 a head at the door. Please Email Anne Tucker at [catucker@btinternet.com](mailto:catucker@btinternet.com) to let us know you are coming (with numbers) by Sat 24th January 2009.

***See You There!!***

# Events Diary

## Saturday 13th December

10am to 2pm

WEN Allotment Day Barnfield  
Allotments Contact Kate Povey  
kate@littlemlett.co.uk

## Monday 15th December

7pm

Crediton Co-Housing Group (CACH)  
Christmas Meal at The Lamb Inn  
Sandford Contact Paula Kovacs  
paulakovacs@live.co.uk

## Wednesday 7th January

7.30pm

Community Cafe Group Meeting  
5 St Lawrence Green Contact Paula  
Mossman paula.mossman@lineone.net

## Thursday 8th January

7.30pm

Tree Group Meeting Contact  
Organiser on 01363 777130  
for details and location

## Friday 9th January

Morning

Food & Farming Group Meeting  
please contact Linda for details  
lindaml@eclipse.co.uk

## Monday 12th January

7.30pm

CACH Group Meeting, the Lamb Inn  
Contact Paula Kovacs  
paulakovacs@live.co.uk

## Monday 19th January

7pm

Energy Group Meeting Alan Murray's  
house Contact Tom Langdon-Davies  
tomgld1@aol.com

## Monday 26th January

7.30pm

Plastic and Recycling Group Meeting  
Contact Paula Mossman paula.  
mossman@lineone.net for location

## Saturday 31st January

7.30pm

CCA 2nd Birthday Party Sandford  
Village Hall GET THE DATE IN YOUR  
DIARY NOW!

## Thursday 5th February

7.30pm

Tree Group Meeting Contact Organiser  
on 01363 777130 for details and location

## Xmas Message from the Chair of CCA

As we approach  
the end of  
2008 all of us  
who are active  
in CCA can  
celebrate what we  
have achieved over the past year.



We now have 10 active subgroups or affiliated groups, including ones on food and public awareness which have recently been set up, and we have been registered as a Transition Town. We are well on the way to becoming a plastic bag free town, public transport and cycling are being promoted in a variety of ways and energy audits are being carried out.

A youth group has been set up at QECC and workshops held there. We organised a successful strategy workshop and hope to complete this early in 2009.

We have a flourishing website and our latest initiative is to set up a community cafe/resource base for CCA in the old Town Hall and work is well underway to bring that about.

There is lots more to do in 2009 including working with others to get our voice heard at the Copenhagen summit in December, a crucial world conference for tackling climate change.

I would like to thank you all for all you have done this year to create a more sustainable community in Crediton and wish you a very happy Christmas and and New Year.

Gerald Conyngham on behalf of  
the CCA Steering Committee.

# New Community Cafe/ Resource Centre Project

We have now put together a very enthusiastic working group with the aim of setting up a Community Cafe/ Resource Centre in the old TIC offices at the Old Town Hall.

The group held its first planning meeting recently and is now beginning work on gathering all the information needed to put together a business plan to get the project off the ground ASAP. The trustees of the Old Town Hall are keen to have CCA as tenants and we have the support of several Town Councillors for our aims.

We are planning to make this a resources centre as well as cafe and if you would like to join the working group or have any ideas about activities you would like to see held at the new premises we would love to hear from you. E mail Paula Mossman paula.mossman@lineone.net or Rebecca Megson rebclaire@yahoo.co.uk with your ideas in the first instance or come along to our next working group meeting to get involved. Over the course of this project we are going to need people with many talents and skills and would welcome the input of anyone who wants to help.

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## CONTRIBUTIONS FOR THE COLUMN IN THE COURIER WANTED

You may have noticed the regular column that CCA has been given in the Courier, Crediton's fortnightly newspaper.

Linda Lever has been doing an excellent job of organising contributions for several months, but with 2 columns a month to fill more people are needed to write a piece.

If you feel you would like to write one or more columns a year of just 400 words, on any topic you feel deeply about that is related to environmental issues, Linda would like to hear from you. Please contact her at Linda Lever lindaml@eclipse.co.uk. Thank you.

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## HELP WANTED

### Man (or woman) with a van!!

#### From the Tree Group Organiser:

Could you put out a request to see if there is someone with a transit type van who can assist with collecting fruit trees on 23rd Jan 09 from Talaton.

If so please can you contact the Tree Group Organiser on 01363 777130.

## Tree Group News

We are a small group who have been working together for about a year.

During this time we have undertaken a project to encourage fruit tree planting in peoples' gardens (81 trees being planted in January), organised for an area attached to allotments to be planted with trees ( 10 trees being planted in December) and been finding out who, what, where, and how the local councils can realistically be encouraged to plant more trees.



Having gone as far as we can in trying to get trees planted in public areas we decided to contact Transition Town Totnes to find out how they moved things forward.

We would now like to encourage you all to identify a place near where you live where a tree could in theory be planted. We will then map this out with the council to investigate against things like water, electricity etc..

To get trees planted it will require us as individuals to become 'tree guardians' with responsibility for trees sited near where we live or regularly walk. (We can organise some training). It would also be our intention to apply for grant funding to buy trees once we are in a position to do this.

So we need as many people as possible to become involved in a small or a big way....look forward to hearing from you.

# ROOMS TO LET

One or two rooms available for rent at Beech Hill Community, Morchard Bishop.

Shared use of kitchen, bathroom and courtyard. Part furnished.

Large room: £300 per month.

Large and small room: £400 per month.

Call 01363 877228 or 877587



## News from the New Food and Farming Group

### Christmas Fair in the Square

Four of us made lots of delicious sweets for the CCA stall which, along with the raffles of food hampers and the guess the weight of the cake, made over £190. One of the food hampers was very kindly donated by the Greenhouse.

### Possibility of community farm or similar

A local organic farmer wants to find a new direction and is interested in setting up a community farm – causing great excitement! We have arranged to visit him on 12/12 to discuss. Once we know more about this we hope to hold an open information meeting in March with speaker/s.

### Community Project/ Cafe at Old Town Hall

We are very interested in this as a group and have been to visit – lots of food related ideas and would welcome more. We also plan to help with the Food Festival in June.

### Next meeting

Probably morning of 9th January unless there are lots of requests to hold an evening meeting – please contact Linda for details lindaml@eclipse.co.uk.

## Two Wolves



One evening an old Cherokee told his grandson about a battle that goes on inside all people. He said, 'My son, the battle is between two 'wolves' inside us all.

One is Evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

The other is Good. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith.'

The grandson thought about it for a minute and then asked his grandfather: 'Which wolf wins?'

The old Cherokee simply replied, 'The one you feed.'

Crediton Climate Action CCA  
**Plastic Bag Free Crediton begins on the 1<sup>st</sup> November 2008**



**it's a bag habit let's kick the habit**

www.creditonclimateaction.org.uk

# Hearts & Minds Group

We had to cancel our Dec meeting due to confusion over dates.

However, we will be holding a meeting in Jan and will contact all people who have expressed an interest in our activities to let you know details. If you would like to join the H&M group mailing list then please let Sarah Jayne know on sarahhb8@tiscali.co.uk.

In the spring we plan to arrange an open meeting facilitated by Sophie Banks of Transition Training who began the original Hearts & Souls Group in Transition Town Totnes 2 years ago. As part of this event we will be exploring the work of Joanna Macy the internationally known author and workshop facilitator whose workshops on exploring the pain we feel for the world at this time and how to release that pain, are becoming so popular.

# National and International Campaigns Group

A strong Climate Change Bill has been passed in parliament.

Earlier this year Laura Conyngham and Charles Mossman visited our MP, Angela Browning, to lobby for a stronger bill. The UK is the first nation in the world with legally binding carbon emission limits in place.

Visit the link below for a short video of the campaign from Friends of the Earth. It is uplifting!

<http://uk.youtube.com/watch?v=56fvtM-Df6k>

Campaign for December : Support UK renewable energy.

We need to revolutionise the way we power the UK. Energy from the sun, wind, tides and waves can generate a clean and long lasting energy supply. Right now the Government is discussing a European agreement on renewable energy - known as the



Renewables Directive. Renewable energy can help to tackle the three problems of spiralling energy bills, increased dependence on imported fuels, climate change.

This Directive would commit the UK to getting 15% of our energy from renewable sources by 2020.

Email Ed Milliband about this here.

# New to the CCA Website

New Action Group pages for the



Community Cafe Project page



Education and Public Awareness Group page



Food and Farming Group page



# Energy Group

The Energy Group is putting the finishing touches to next year's programme which will be published next month.

We had a stall at the WEN Gorgeously Green day where there was a lot of interest from people about their carbon footprints. We measured about 20 with the lowest at around a tonne per adult and the highest close to 7 tonnes.

Next meeting is 19/1/2009 at 7pm Alan Murray's house.



## CACH News (Credition Area Co Housing)

### 'Exactly What is Co Housing?

'CoHousing offers a more sustainable lifestyle - a positive way of living that reduces your carbon footprint whilst increasing your sense of involvement and belonging. Sharing activities, resources and mutual support and retaining your privacy in a self-contained unit/house it's the best of both worlds - community but with your own front door!

With global economic instability, the environmental imperative and a deepening housing crisis in UK, it could be that cohousing is an idea that's time has come.

### This month's CACH News:-

CACH had a stall at the Gorgeously Green Day on Nov 29th and there was a surprising amount of interest in cohousing. We took about eight new names for our email list and spoke to many more.

My thanks to Hermione Skrine for holding the fort, whilst I had a break. Ron Cuthbertson attended a renewable energy day at Opportunity Okehampton Business Centre hosted by DARE (Devon Association of Renewable Energy).

Whilst not at the stage yet of having to choose the kind of energy system we'll be using in our cohousing, the cutting edge information he picked up and numerous handouts/leaflets will be very useful later on.

CACH is about to send out a press release so were hoping to attract more interest and (importantly) new proactive members. Ron and I hope to be meeting with Paul Tucker of MDDC to discuss funding opportunities for CACH and will keep you posted on developments. A reminder to all CACH members, we are having a Christmas meal at The Lamb Inn on Monday 15th December @ 7pm so do let me know beforehand if you'd like to come.

2009 starts with a meeting at The Lamb Inn on Monday 12th January @ 7.30pm. We will be discussing, among other things, the kind of legal structure we want to adopt.

Warm wishes for the festive season and a gorgeously green 2009 to all CCA members, Paula Kovacs

# That's all for this time folks but finally

Imagine it is July 4th 2009

Here is what the front page of the New York Times could look like if Barack Obama, next president of the USA, lives up to all his environmental pledges.



### Yuletide Greetings to all CCA members

From Mid Devon's independent, design consultancy.

For all your creative and editorial requirements, why not visit our website for further details



[www.scribbleandnonsense.co.uk](http://www.scribbleandnonsense.co.uk)

scribble AND (non)sense